

OAKLEY PARK PUBLIC SCHOOL

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H. Cameron Armstrong, Principal

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OAKLEY PARK COMMUNITY WEEKLY UPDATE Week of April 16th 2018

Our math and science night is quickly approaching! On April 24th, please join us starting at 5:30pm for Scientists in the School. As a family, you will be able to do science experiments with our scientists, try math challenges, building activities, try your hand at coding, and learn together. It will be a fun night for all! We will also have a book fair in the library. This event is for families, and students must be supervised by an adult. Our math and science night is brought to you by a Parents Reaching Out Grant from our school council. We look forward to seeing you from 5:30-7:30pm on Tuesday April 24th.

Due to the weather forecast this weekend, the Grade 7/8 car wash is CANCELLED.

The week ahead:

Monday April 16th – DAY THREE
Tuesday April 17th – DAY FOUR
Wednesday April 18th – DAY FIVE Geneva Park at Oakley Park for Grade 4s Walking Wednesday
Thursday April 19th – DAY ONE Hot dog day Grade 3 swimming lessons
Friday April 20th – DAY TWO Geneva Park at Oakley Park for Grade 4s Pizza day Barrie Spring clean up day

Some Upcoming Dates to Remember:

April 24th: Book fair; Math and Science Night 5:30pm-7pm; Grade 4s to Geneva Park
April 25th: Grade 5-8 to Barrie North Collegiate play
April 26th: Integrity and Optimism Character Ed Assembly; International Film festival for Intermediate students; Pasta Day; Grade 3 swimming lessons & twin day
April 27th: PD Day: NO SCHOOL for students
April 30th: International Film festival for Intermediate students

School Updates:

Remember to pack a change of clothing

Mud season is here, and we ask that every student have a change of clothing in their backpack. We do not call home for muddy pants. Please ensure that your child is dressed to play outside daily and is ready for the conditions (rain boots, raincoat, warm clothing). Regardless of age, accidents can and do happen, so please pack a change of clothing.

Now accepting Kindergarten registrations

Do you or someone you know have a child who was born in 2014? If so, it's time to register them for Kindergarten! Elementary schools are now registering children for Kindergarten for the 2018-19 school year. Required registration documents include birthdate documentation, proof of address and immunization records. Visit www.scdsb.on.ca/kindergarten for more information.

SCDSB Updates:

Trauma & Loss: Creating School Communities of Well-being on April 14 in Barrie

Parents and/or community members are invited to attend *Trauma & Loss: Creating School Communities of Well-being* on Sat. April 14 from 9 a.m. - 2 p.m. at Bear Creek Secondary School, located at 110 Red Oak Dr. in Barrie. This conference is being funded through a Regional PRO grant from the Ontario Ministry of Education and is being presented by the Adoption Council of Ontario. This event is free to attend and lunch is provided. Limited child care is available for children aged three to 12 years. Register at www.adoption.on.ca/events. Questions? Contact pact@adoptontario.ca.

Parents invited to information sessions about special education

The SCDSB is hosting a series of information sessions for parents/guardians to learn about special education in the SCDSB, and how to support students with special education needs.

April 16

Understanding Alternative/Non-Academic IEP Goals

All sessions take place from 6 to 7 p.m. at the SCDSB Education Centre, located at 1170 Highway 26 in Midhurst. No registration required.

Community Updates:

Stress: Our kids get it too!

Kids have stress, just like us. Stress is a normal part of life, but our bodies are only made to handle it for short amounts of time. Continued stress can cause feelings of pressure, anxiety and tiredness. It can make it hard for kids to focus in school and can cause them to become sick, get lower grades or make unhealthy choices. It's easy to mistake signs of stress for bad behaviour in your child. You can help them learn to manage stress by staying calm, showing love and talking openly about their feelings. Encourage them to try calming activities like deep breathing or doing something active. If the stress continues, be sure talk to your child's family doctor or health care provider. To speak with a public health nurse, contact Health Connection at 705-721-7520 or 1-877-721-7520 or visit the health unit website for more information at www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit

YMCA Healthy Kids Day taking place on April 29

YMCAs across Canada are celebrating Healthy Kids Day on Sun. April 29. It's a national day dedicated to improving the health and well-being of kids. The YMCA of Simcoe/Muskoka is happy to host this FREE event for everyone in the community, offering fun and healthy activities for the entire family to enjoy. Across Canada, most children do not meet the recommended 60 minutes of daily physical activity. Rising rates of obesity and related chronic disease tell us that getting kids active should be a top priority for parents, schools, and all Canadians. With summer just around the corner, here are some practical tips on how to keep your kids active and healthy:

- Rather than heading out on a walk or jog solo, invite your kids to hop on their bicycles, skateboards and scooters and head out with you. You will come back energized and connected knowing that you've set a great example and spent quality time together. Everyone wins!
- Many communities have free or low-cost youth activities or programs at facilities such as pools, playgrounds, parks, sporting fields, community centres and the YMCA! Ask your child's teacher, contact your local municipality, search online or contact your local YMCA for upcoming events.
- Depending on the distance and safety factor, consider letting your children walk to school, the library, their friend's house or any other place you would normally drive them to. Some kids may be inspired by tracking their steps with a pedometer. Pedometers are relatively inexpensive and many libraries have them available on loan!

Join the YMCA of Simcoe/Muskoka on Healthy Kids Day and learn about healthy habits, connect with other parents and get the whole family active together under one roof. For schedules of activities and more information, please contact the YMCA in your community: www.ymcaofsimcoemuskoka.ca.

Information provided by the YMCA of Simcoe/Muskoka



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